

Medicare Part B preventive benefits

If you have Medicare Part B, take advantage of some of Medicare's **preventive benefits with no out-of-pocket costs to you**. Here are just some of the preventive services Medicare offers:

- Annual Wellness visit
- Bone mass measurements
- Breast cancer screening
- Cardiovascular screening
- Colorectal cancer screening
- Diabetes screening
- Flu and pneumonia shots
- Obesity screening
- Tobacco-use prevention cessation counseling

See [Medicare.gov](https://www.Medicare.gov) or your *Medicare & You* book for a full list of preventive benefits.

Note: Additional provider tests or services could add costs. You must meet coverage criteria, so be sure to check with your medical provider for more information before you run these or other tests and services.

About SHIBA

SHIBA is part of the Washington State Office of the Insurance Commissioner's consumer protection services. We provide free, unbiased and confidential help with Medicare and health care choices.



Get help paying for Medicare

See if you qualify for a Medicare Savings Program and/or Extra Help



LOCAL HELP FOR PEOPLE WITH MEDICARE

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Two programs that may help you save on Medicare

If you're a Medicare client, you may qualify for programs that **could save you \$135 or more per month!**

① The Medicare Savings Programs

Applying is easy. You can have either standard Medicare or a Medicare Advantage plan. If you qualify, Medicare Savings Programs may cover:

- Part A premiums
- Medicare copayments
- Part B premiums
- Medicare deductibles

Medicare Savings Programs for help with Medicare Parts A & B costs

(Effective April 2019)

	INCOME less than:	RESOURCES* less than:
Single person	\$1,425 per month	\$7,730
	\$17,100 per year	
Couple	\$1,922 per month	\$11,600
	\$23,064 per year	

*The Department of Social and Health Services (DSHS) does not count \$1,500 above resource limits per person if it's set aside in a specific account for burial costs.

② Medicare Part D prescription Extra Help savings

Part D prescription drug coverage Extra Help covers:

- Premiums
- Some co-pay costs
- Deductibles
- Donut hole/coverage gap

Extra Help for Part D (prescription drugs) (Effective January 2019)

	INCOME less than:	RESOURCES less than:
Single person	\$1,581 per month	\$14,390
	\$18,972 per year	
Couple	\$2,134 per month	\$28,720
	\$25,608 per year	

Note: People who work may have even higher income than what these charts show. For both programs, resources do not include the home you live in and one car.

Want to apply or need more information?

Call our Insurance Consumer Hotline at: 1-800-562-6900

Ask to speak with a Statewide Health Insurance Benefits Advisors (SHIBA) volunteer in your local county - we're a free and unbiased service.

You can also visit us on the web: www.insurance.wa.gov/shiba

Need help in other languages?

We have staff who speak:

- Spanish
- Filipino/Tagalog

We may have SHIBA volunteers in your local area who speak other languages in addition to English.

We also use Language Link®, a telephone interpreter service for more than 150 languages.