

Behavioral Health Parity Oversight – Other States – December 6, 2018

State	Summary of Activities	Website/Link to materials
California	Developed MHPAEA filing worksheets that health plans must include in their filings to show MHPAEA compliance.	Mental Health Parity and Addiction Equity Act
New Hampshire	<p>In November 2015, the NH Department of Insurance began a formal market conduct examination to look very specifically at how health insurance companies handle preauthorization, claim denials, and utilization review practices for substance use disorder claims.</p> <p>The examination is also focusing on covered persons’ access to substance use disorder treatment providers – including whether the companies’ networks are adequate – and on the companies’ systems for handling appeals of claim denials. The market conduct examination looks at 2015 claims.</p>	<p>Substance Use Disorder and Behavioral Health Insurance Coverage New Hampshire Insurance Department</p> <p>https://www.nh.gov/insurance/consumers/documents/021916_nhid_sud_preliminary_exam_results_presentation.pdf</p>
Pennsylvania	Pennsylvania is conducting comprehensive ACA compliance market conduct exams that include behavioral health parity compliance.	<p>First examination report:</p> <p>https://www.insurance.pa.gov/Regulations/Regulatory%20Actions/Documents/Current%20Market%20Conduct/First%20Priority%20Life%20Insurance%20Co.%2018.pdf</p>
Rhode Island	<p>The Rhode Island Office of the Health Insurance Commissioner is conducting market conduct exams to review compliance by carriers with federal and state laws and regulations relating to health insurance coverage of mental health and substance use disorder benefits.</p> <p>The examination targets two broad areas of regulatory compliance:</p> <ol style="list-style-type: none"> 1. Compliance with state and federal parity laws, with a particular focus on NQTL’s 2. Utilization review policies, procedures and their implementation. 	<p>First examination report:</p> <p>http://www.ohic.ri.gov/documents/2018-Examination-Report-BCBSRI.pdf</p>