Obesity Treatment Analysis Advisory Group

Meeting #1

January 23, 2026

OFFICE of the
INSURANCE
COMMISSIONER
WASHINGTON STATE

Meeting Logistics

- Advisory group meetings will be recorded and posted on OIC's website
- OIC has established a webpage for this advisory group
- Please use the raised hand function or chat to pose questions

Today's Agenda

Time	Item	Who
3:00-3:10	Welcome	Delika Steele, Policy Analyst – Health Jane Beyer, Senior Policy Advisor – Health
3:10-3:15	Introductions	Milliman and WSIPP teams
3:15-3:25	Work group member introductions	Work group members
3:25-3:45	Review SB 5167 and work plan	Delika Steele, Policy Analyst – Health Jane Beyer, Senior Policy Advisor – Health Milliman and WSIPP teams
3:45-4:00	Input on future meetings and next steps	Work group members
4:00-4:30	TBD – extra time if needed	

WSIPP and Milliman Introductions

- Name, role, organization
- Favorite road trip snack

Advisory Group Member Introductions

- Name, role, organization
- Background on issues related to obesity treatments
- Favorite road trip snack

Review of ESSB 5167

- ESSB 5167 (Sec. 145(11)) directs the Office of the Insurance Commissioner (OIC) in consultation with the Health Care Authority to analyze the cost of including an obesity treatment benefit in commercial health plans and PEBB/SEBB programs.
- The analysis must include but is not limited to a utilization and cost analysis of these services:
  - Intensive health, behavioral, and lifestyle treatment;
  - Metabolic and bariatric surgery; and
  - Food and drug administration-approved obesity medication.

Review of ESSB 5167 (Cont.)

- OIC must submit a report to the governor and legislature detailing the findings of the analysis by September 30, 2026.

- The report must include the projected total annual cost of the benefit, per member per month cost, as well as any state fiscal impact, of implementing the benefit in the following markets, both separately and in the aggregate, for plan years 2028 through 2029:
  - Individual
  - Small Group
  - Large Group
  - Public Employees Benefit Plan (PEBB)
  - School Employee Benefit Plan (SEBB)

Review of ESSB 5167 (Cont.)

- To assist in this effort, OIC has contracted with Milliman and the Washington State Institute for Public Policy (WSIPP).
- Milliman will perform an actuarial analysis.
- WSIPP will conduct an analysis to evaluate the effect of identified weight loss treatments on obesity, weight loss, and/or diabetes and will use WSIPPs benefit-cost model to monetize effect sizes.

Review of ESSB 5167 (Cont.)

- Given the complexity and clinical issues related to this potential benefit, OIC formed the Obesity Treatment Analysis Advisory Group.

- Members of the advisory group have experience and expertise that will help inform our work.

Current advisory group members

Name	Organization
Heather Schultz	Health Care Authority
Josh Morse	Health Care Authority
Matt Prokop	American Diabetes Association
Emily Brice	Northwest Health Law Advocates
Erin Dziedzic / Carrie Glover	Dziedzic Public Affairs
LuGina Mendez-Harper	Pharmaceutical Care Management Association
Bindu Nayak	Washington State Medical Association
Emily Tsiao	Premera
Gregory Daniel	Eli Lily and Company
Connie Miller	Washington State Hospital Association
Michael Bota	Washington State Hospital Association
Delika Steele; Jane Beyer; Rocky Patterson	Project Team, Office of the Insurance Commissioner

Review of Work Plan

Major Dates and Steps in OIC's Work Plan

- Work group meetings (periodic through July 2026)
- Draft report – review and comment by OIC and advisory group members (July 2026)
- Final memo and slide deck from WSIPP (September 1, 2026)
- Final report from Milliman (September 1, 2026)
- Final report to Legislature (September 30, 2026)

Advisory group member input

- Future meetings
- Updates to advisory group
- Information to review
- Other thoughts

OIC Contact Information

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