

Access to Behavioral Health Services Grant – Other States’ Consumer/Provider Education Materials

At the December 2018 Access to Behavioral Health Services Grant Advisory Committee meeting, committee members asked OIC staff to share consumer and provider education materials related to behavioral health parity that have been prepared by the federal government or other states. The table below provides links to some examples of materials. Please note that these materials may be state specific, as a number of states, like Washington, have enacted their own mental health or behavioral health parity laws that are read and implemented in conjunction with the federal MHPAEA statute and rules.

Maryland
Consumer Guide to Understanding your Health Insurance Coverage for Mental Health and Substance Abuse Disorders
Navigating Private Health Insurance Coverage for Mental Health and Substance Use Disorder Emergencies
Equitable Insurance Coverage for Mental Health and Drug Treatment
New Hampshire
Resource Guide for Addiction and Mental Health Care Consumers
Pennsylvania
What is the “Mental Health Parity and Addiction Equity Act” and how does it affect me?
SAMHSA (Federal)
Know Your Rights: Parity for Mental Health and Substance Use Disorder Benefits
Mental Health Parity and Addiction Equity

Department of Labor (Federal)

[Disclosure Guide: Making the Most of Your Mental Health and Substance Use Disorder Benefits](#)

[Parity of Mental Health and Substance Use Benefits with Other Benefits: Using your Employer-Sponsored Health Plan to Cover Services](#)

[Top Ten Ways to Make your Health Benefits Work for You](#)

[elaws Health Benefits Advisor](#)