## Prescription Assistance

HOW TO GET NEEDED MEDICATIONS WHILE SAVING A FEW BUCKS

## Different types of assistance:

#### Insurance often determines what is available

- Government programs check these first
- Manufacturer copay assistance for employer-sponsored and exchange plans
- Manufacturer patient assistance programs for uninsured (and often Medicare)
- Private copay assistance foundation grants for Medicare and sometimes other kinds of insurance
- Discount cards and coupons for uninsured and insured (can use instead of insurance)
- Discount online pharmacies generally do not process insurance claims

#### Government Assistance:

#### Try this first

- Social Security Low Income Subsidy (Extra Help)
  - Income < 150% FPL with asset test
  - www.socialsecurity.gov/extrahelp
- Medicare Savings Programs run by the state
  - Can cover Medicare B premiums and charges
  - https://www.hca.wa.gov/free-or-low-cost-health-care/i-need-medical-dental-or-vision-care/medicare-savings-program
- o Apple Health under age 65, ineligible for Medicare
  - 5 managed care plans
  - Free healthcare and medications
  - www.wahealthplanfinder.org
- Tax credits for Exchange Plans under age 65
  - Available up to 400% FPL premiums cannot be more than 8.5% of income for those over 400%
  - www.wahealthplanfinder.org

## Manufacturer copay assistance For employer-sponsored or exchange plans (Not for Medicare)

- Normally there is a nominal upfront out-of-pocket cost sharing
- o The assistance then covers up to a maximum amount per month or year
- The patient is responsible for the remaining amount of the cost-sharing
- Not means-tested
- Try going to the medication's website, i.e., www.Lantus.com or www.Spiriva.com

## Manufacturer patient assistance programs: For uninsured (and often Medicare)

- o For brand-name medications that usually do not have low-cost generics
- Means-tested, income only 100% to 600%+ Federal Poverty Level depending on the program
- Enrollment is usually for 12 months
- Many will enroll Medicare D patients enrollment through the end of the calendar year
- Some have additional eligibility requirements for Medicare patients out-ofpocket requirement
- Very limited number of programs will help those with other kinds of insurance
- o Information available at <a href="https://www.needymeds.org">www.needymeds.org</a>

## Private copay assistance foundation grants: For Medicare and sometimes other kinds of insurance

- Provides a limited amount of funds to be used to cover copays for medication that directly treats a covered condition
- Usually distributed as a pharmacy card which is billed secondary to insurance
- Funds availability is limited to periods when the disease fund is open for new grantees
- Means-tested income limit 300% 500% FPL adjusted for cost of living by zip code
- No Asset test
- o <u>www.fundfinder.org</u>

# Discount cards and coupons: For uninsured and insured (can use instead of insurance)

- Must inform the pharmacist up front that you DO NOT WANT to use your insurance for the medication
- May be cheaper than the insured price
- Not all coupons can be used by individuals with Medicare, so check the coupon
- Best for generic medications, discounts are not that great with brand-name medications
- Try <u>www.goodrx.com</u>, <u>www.singlecare.com</u> and/or www.arrayrxcard.com

#### Discount pharmacies:

Generally, online discount pharmacies do not process insurance claims

- Try <u>www.rxoutreach.org</u>, <u>www.costplusdrugs.com</u>, and pharmacy.amazon.com
- Retail chain pharmacies (Walmart, Safeway, Fred Meyer, Target, Walgreens, etc.) often have low-cost generic formularies

#### What about insulins?

- •Insulins are available from 3 programs.
  - Lilly Cares PAP Humalog/Basaglar.
  - Novo Nordisk PAP Novolog/Levemir/Tresiba.
  - Sanofi Patient Connections PAP Lantus/Toujeo/Apidra.

These insulin programs may change significantly next year.

#### What about other diabetic medications

- Non-insulin injectables are available from:
  - Astra Zeneca Bydureon
  - Lilly Cares (temporarily not taking applications) Trulicity
  - Novo Nordisk Ozempic, Victoza, GlucaGen, Xultophy
  - Sanofi Soliqua
- Oral medications are available from:
  - Astra Zeneca Farxiga, Xigduo XR
  - Boehringer Ingelheim Jardiance, Jentadueto, Synjardy
  - Merck Januvia, Janumet
  - Novo Nordisk Rybelsus

#### What about inhalers for Med D patients?

- AstraZeneca (Bevespi, Breztri, Pulmicort) has no out-ofpocket requirement. Income cannot exceed 300% FPL.
- GSK (Anoro, Breo, Flovent, Serevent, Trelegy) has an out-ofpocket requirement of \$600. Household income cannot exceed 300% FPL.
- Boehringer Ingelheim (Atrovent, Combivent, Spiriva, Stiolto, Striverdi) has no out-of-pocket requirement. The income limit is currently 200%fpl for inhalers.

#### What about anticoagulants/antiplatelets?

- AstraZeneca (Brilinta) has no out-of-pocket requirement for Medicare patients. Income cannot exceed 300% FPL
- Bristol Meyer-Squibb (Eliquis) has an out-of-pocket requirement of 3% of a patient's gross annual income for Med D Patients. Income cannot exceed 300% FPL
- Janssen Select (Xarelto) for Med D patients, provides medication direct from the manufacturer for \$85/mth – no income limit

Do all programs have financial eligibility requirements?

Yes, but the requirements vary by program.

Do programs require citizenship?

 Many programs require citizenship or legal status. However, quite a few do not.

When should I refer a client for assistance?

• Whenever the client indicates difficulty affording their medication.

What is the procedure for referring patients for assistance?

• The following slides outline the procedure.

How do I know the outcome of the referral?

• If the referral comes directly from the volunteer, and I have the volunteer's contact information, I will reach out and let the volunteer know the outcome. It is helpful to let us know that you would like this information in the referral

## When should I provide assistance and when should I refer to PDAN

- This is going to depend on both your comfort/skill level with the resources and the patient's needs.
- For patients with one or two medications, perhaps on the same program,
   you may find it easier to directly assist them to apply for assistance.
- o For patients with more complex cases, you may want to bring me in to consult with you or refer the case out to me.

# How to get assistance: Western Washington

- o Call Rod Shutt at 206-518-0839
- o Email Rod at <a href="mailto:rods@prescriptiondrugassistance.org">rods@prescriptiondrugassistance.org</a>
- o Fax Rod at 866-501-4924
- Include contact information, kind of insurance, the medication that needs assistance, and basic income and household size information

# How to get assistance: Eastern Washington

- o Call Kelly Armstrong at 509-981-6420
- o Email Kelly at kellya@prescriptiondrugassistance.org
- o Fax Kelly at 888-342-6910
- Include contact information, kind of insurance, the medication that needs assistance, and basic income and household size information